



WEEK 1

A P E S T T E S T

Take the APEST test (at no cost to you) to help determine which of the five-fold functions best describe the way you are wired. After taking the test you will have access to your APEST primary and secondary profile characteristics, functions, and a description of what unhealthy overuse looks like.

Please note, this 10-minute test is only a tool. When you receive your results, we would encourage you to take your results back to your group and others who know you well. We'd also urge you to discern together what applies to you from the results. Having friends and family speak into the results can be an important part of the discernment process.

1. Go online to 5qcentral.com/tests
2. Find **APEST Personal Vocational Assessment** and click the button [Add to Cart].
3. Go to your cart and check out. It's going to ask for payment—DON'T PAY. Use the promo code **centralwesleyan** and the total cost will drop to zero dollars. **Please do not share this code with others. If you know someone not in your group interested in taking the test we are happy to share our discount with them, have them reach out to info@centralwesleyan.org.*
4. Put your contact information in for the Billing Info fields.
5. You will get an email with a link to take the test.

5Q APEST Glossary

Here are some words used in the test that might be new to you. Have other questions? Email us at [info@centralwesleyan.org!](mailto:info@centralwesleyan.org)

Biblical Truths - information in the Bible

Scriptures - another way of referring to the Bible

Christian Discipline - In this context this phrase refers to practices such as praying regularly and studying your bible regularly.

"Person of peace" - In this context, this refers to someone receptive to information about God or from God

"A word from God" - This phrase refers to truth or wisdom given from one person to another and is received by the person hearing it as "from God." This often means it is timely and applicable to their lives.

Saved - having accepted Jesus Christ as one's Lord and Savior. Someone who is "saved" is a Jesus follower

God's Word - another way of referring to the Bible

Restored - A person is restored when they have gone through the process of repentance and been forgiven for their wrongdoing, and the relationship is back to the way it was before the wrongdoing.

Repentance - the act of changing behavior, or turning away from sin or doing wrong.

Ministry - The organized work of caring for God's people

The Gospel - This is the word used to describe the "good news" of Jesus' death and being raised back to life so that we can be forgiven for our sins and have a relationship with God