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- They see confession as the ultimate sign of weakness and shame to avoid at all costs.
- They hide in isolation as a means to protect themselves.

FREEDOM IN CONFESSION

GOOD
VIBES
ONLY

PROVERBS 28:13

Whoever conceals their sins does not prosper,
but the one who confesses and renounces them finds mercy.

TRUTH #1

Getting our brokenness out in the open
strips it of its power over us.

We become as sick as our secrets.

TRUTH #2

Confession of current struggles
may seem like weakness
but it's strength beyond description,
evidence of Christ working in us.

TRUTH #3

Confession is one of the greatest steps of courage and strength anyone takes.

Overcoming the fear that healing will not happen and only failure will remain.

TRUTH #4

Confession is a path toward freedom
as the walls of our self-made prison
fall before the Lord.

TRUTH #5

We cannot find the path toward healing
until we can admit our powerlessness
to fix it on our own.

IRON SHARPENS IRON

GOOD
VIBES
ONLY

PROVERBS 27:17

As iron sharpens iron, so one person sharpens another.

EVERY STEP OF
MY JOURNEY
WAS MOTIVATED
BY COMMUNITY

GOOD
VIBES
ONLY

PROVERBS 12:15

The way of fools seems right to them, but the wise listen to advice.

THREE LIES OF DENIAL

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1. I am not as bad as...
2. I do not have a problem, I could fix this any time I want, I have done it many times before.

THREE LIES OF DENIAL

1. I am not as bad as...
2. I do not have a problem, I could fix this any time I want, I have done it many times before.
3. I do not need community; I can do this on my own.
Theoretically, theologically but contrasts human nature.

PHILIPPIANS 3:12-14

Not that I have already obtained all this, or have already arrived at my goal, but I press on to take hold of that for which Christ Jesus took hold of me. Brothers and sisters, I do not consider myself yet to have taken hold of it. But one thing I do: Forgetting what is behind and straining toward what is ahead, I press on toward the goal to win the prize for which God has called me heavenward in Christ Jesus.