

# JUDAS

~~RUN FROM REGRET~~

**MATTHEW 26, LUKE 22-24, JOHN 21**

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**BADVICE**

1. Let's get to know each other! We all have regrets right? What is one regret in life, big or small, that you have?
2. Be honest, when you make a wrong choice, bad decision and are left with regret, what is your first natural response? Hide it? Cover up? Try and fix it right away? Deny it? Act like it didn't happen? Cry? Blame? Get Angry? Etc.
3. Why do you think it is hard for people to confess to Jesus and one another when dealing with regret?
4. Is there any regret you're dealing with today that you'd like to bring to Jesus? Is there a problem you're facing today that you would like to bring to the problem solver?
5. What's one area of your life that is difficult to trust Jesus with? Is there any part of your life that's keeping you from going "All In?"