

JUST BECAUSE I CAN  
DOESN'T MEAN I SHOULD.

GOOD  
VIBES  
ONLY

## PROVERBS 17:27

Whoever restrains his words has knowledge,  
and he who has a cool spirit is a man of understanding.

## PROVERBS 12:18

There is one whose rash words are like sword thrusts,  
but the tongue of the wise brings healing.

## PROVERBS 14:29

Whoever is slow to anger has great understanding,  
but he who has a hasty temper exalts folly.

## PROVERBS 15:1

A soft answer turns away wrath,  
but a harsh word stirs up anger.

## PROVERBS 22:24

Make no friendship with a man given to anger,  
nor go with a wrathful man

## PROVERBS 26:17

Whoever meddles in a quarrel not his own  
is like one who takes a passing dog by the ears.

## PROVERBS 29:11

A fool gives full vent to his spirit,  
but a wise man quietly holds it back.

TAKE IT OFF

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## COLOSSIANS 3:8-9 (ESV)

But now you must put them all away: anger, wrath, malice, slander, and obscene talk from your mouth. Do not lie to one another, seeing that you have put off the old self with its practices...

SUIT UP

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## COLOSSIANS 3:12-17 (ESV)

Put on then, as God's chosen ones, holy and beloved, compassionate hearts, kindness, humility, meekness, and patience, bearing with one another and, if one has a complaint against another, forgiving each other; as the Lord has forgiven you, so you also must forgive. And above all these put on love, which binds everything together in perfect harmony.

And let the peace of Christ rule in your hearts, to which indeed you were called in one body. And be thankful. Let the word of Christ dwell in you richly, teaching and admonishing one another in all wisdom, singing psalms and hymns and spiritual songs, with thankfulness in your hearts to God. And whatever you do, in word or deed, do everything in the name of the Lord Jesus, giving thanks to God the Father through him.

I'M OVER IT

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## PROVERBS 19:11

Good sense makes one slow to anger,  
and it is his glory to overlook an offense.