



## WEEKLY ACTIVITY

### WEEK **5** TOXIC MIND

---

**This week's topic focuses on the reality and consequences of a toxic mind, specifically as it relates to destructive decisions.**

---

This activity is designed to get people talking about the concept of transformation and get them to laugh a little too. Our minds can either be transformed by this world, or by the things of God.

1. Ask each group member to share an example of a remarkable transformation they have witnessed in pop culture (i.e. Michael Jackson, society's acceptance of/revolt against plastic straws, evolution of the Nokia brick to today's smart phone).
2. Once each group member has shared an example they've witnessed, the group should discuss and vote on what they believe to be the most remarkable transformation.

.....

Finish the activity, and begin your discussion together, praying for transformed minds & lives that live by faith in God.