



Brad Gray
Shaping the Path of Chastity

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NOTE: There are more questions below than you are expected to answer. Please just choose a few that are relevant for your personal reflection & application.

1. What was your major takeaway from the message?
2. Based on your upbringing, or even within your current network of friends, how was/is premarital sex viewed and discussed? What about the virtue of chastity?
3. C.S. Lewis remarked that “Chastity is the most unpopular of the Christian virtues” [*Mere Christianity*, p. 90]. Do you think he was right? Is this a virtue the church hasn’t done a good job of addressing? In what ways have you heard this discussed well or poorly in the church?
4. Lauren Winner wrote, “Sex is, in Paul’s image, a joining of your body to someone else’s. In baptism, you have become Christ’s Body, and it is Christ’s Body that must give you permission to join His body to another body” [*Real Sex*, p. 123]. What are your thoughts on this?
5. How was the illustration of the rider and the elephant helpful to you? Where else have you seen the conflict between the rider and elephant playing out in your life (outside of sexual passion)?
6. What do you believe to be the most challenging aspect of shaping the path of chastity that Brad discussed (boundaries, accountability, investing in relationship with God)? Are there others?
7. Do you believe there is grace and forgiveness from God for sexual sin? Is there any way in which your past is holding you back from your future?